

# SPRUCE

## CATERING

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*LUNCH MEETINGS & CORPORATE RETREATS  
MANITOBA MUSEUM*





We are pleased to partner with The Royal Aviation Museum. Spruce catering is a preferred cater. Spruce Catering is operated by Diversity Foods Services. Diversity is a social enterprise that prioritizes social, cultural, economic, and environmental well-being for the community. The enterprise specializes in creating flavorful and nutritious food prepared from scratch using authentic ingredients and recipes. The food is sourced using sustainable and responsible methods, with all products following rigorous standards. The social enterprise also offers meaningful employment and career development opportunities to individuals traditionally marginalized in the economy. This includes persons with disabilities, refugees, indigenous peoples, and those in low-income households. The enterprise fosters a positive, dynamic work environment that values each employee's skills and provides them with opportunities to grow. Moreover, the social enterprise believes in creating meaningful community through the sharing of food, which is done in their intentional gathering spaces. Through their partnerships with other organizations, Diversity expands its vision and reaches more people in the community.



# BREAKFAST & SNACK PLATTERS

**LOCALLY SOURCED ~ COOKED FROM SCRATCH ~ DELICIOUS**

BREAKFAST BUFFETS

Priced Per Person - Based on Drop off Only  
Meeting and Events at The Royal Aviation Museum requires a professional  
staff on site. Additional staff on site is \$25.00 per hour. Minimum 3 hours

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# MORNING MEETINGS

## BREAKFAST BUFFETS

### **Continental Breakfast** \$23.00

minimum 8 guest.

Sliced Fresh Fruit Platter

Assorted Breakfast Breads

with Whipped Notre Dame butter.

Fair Trade Coffee & Numi Tea Selection

Bottles of Orange Juice + Apple + Jug of Waters.

### **Traditional Breakfast** \$28.00

minimum 8 guest.

Manitoba Raised, Free Range Organic Scrambled Eggs

Breakfast Cubed Potatoes

Choice of

Diversity Homemade Breakfast Sausage

OR Local Manitoba Bacon.

Select Both for an additional \$4.00 per person.

Fair Trade Coffee & Numi Tea Selection

Bottles of Orange Juice + Apple + Jug of Waters.

### **Executive Breakfast** \$35.00

Assorted Breakfast Breads

with Whipped Notre Dame butter.

Manitoba-Raised, Free Range Scrambled Eggs

Breakfast Cubed Potatoes

Choice of Diversity Breakfast Sausage

OR Local Manitoba Bacon

Select both for an additional \$4.00 per person

Fair Trade Coffee & Numi Tea Selection

Bottles of Orange Juice + Apple + Jug of Waters.

Add Greek yogurt and cranberry almond granola

\$3.00

## PLATTERS

Priced Per Person - Based on Drop off Only

### **Fresh Fruit Platter Presentation** \$7.00

Selection of Fruit, Fresh Cut presented on a platter

### **Breakfast Breads** \$5.00

Freshly Made Assorted Breakfast Breads, can include; Muffins, Banana Breads, Zucchini Breads, Scones, Cinnamon Buns. Served with Notre Dame Whipped Butter.

### **Bagels with Cream Cheese** \$6.00

Locally Produced Bagels with Cream Cheese. Cut in half.

### **Sleepy Owl Pastries** \$8.00

\*Please provide 48 notice. \*Please provide 48 notice.

Not Available on Mondays & Tuesdays.

Assorted Fresh Fruit Danishes, Baked in House at 751 Wall Street.

### **Sleepy Owl Croissants** \$8.00

\*Please provide 48 notice. Not Available on Mondays & Tuesdays.

Buttery Croissants Made in House at 751 Wall Street

### **Assorted Dessert Platter** \$5.00

May include vegan brownies, peanut butter squares, dates squares, Lemon Squares, and cookies.

Selections based on what is available the day of your order. 2 Pcs Per Person.



# BREAKS

## BREAKOUT SESSIONS

### AFTERNOON COOKIES \$6.00

Assortment of Freshly Baked Cookies.  
Fair Trade Coffee & Numi Tea Selection  
Jug of Waters.

### AFTERNOON DESSERT BITES \$8.00

In House Made Dessert Bites, May Include, Vegan Brownies, Peanut Butter Squares, Lemon Squares, Koopa Squares, Cookies. 2 Pieces Per Person.  
Fair Trade Coffee & Numi Tea Selection  
Jug of Waters.

### AFTERNOON HEALTH BREAK \$9.00

Individual Yogurt Selection  
Individual Granola Bars  
Fair Trade Coffee & Numi Tea Selection  
Jug of Waters

### BANNOCK + JAM \$5.00

Freshly Made Bannock  
with Housemade Berry Jam and Notre Dame Whipped Butter

## MORE SNACKS

### WHOLE FRUIT SELECTION \$3.00 per

Bananas, Apples, Oranges, selection based on season

### CAMINO CHOCOLATE BARS \$8.00 Per

### ASSORTED HEALTH BARS \$4.00 Per

### OLD DUTCH CHIPS \$2.00 Per

## PLATTERS

### CHARCUTIRE PLATTER \$25.00

An assortment of Cured Meats, Bothwell Premium Cheeses, Brie, Grapes, Fig & Onion Jam, Apricot Jams, and Assorted Jelly and Mustard, Homemade Crostini, Breads, Crackers and Pickled Vegetables.

### CROSTINI STATION \$18.00

House made banquette cut into perfect Crostini's then baked and season. Fresh Marinated Vegetables, Dips, Cured Meats, Bothwell Cheeses & Dried Fruit

### MANITOBA SOCIAL PLATTER \$15.00

Garlic Coil, Local Ham, Soppressata, Bothwell Cheddar Cheese, Pickles, Rye Bread, Mustard.

### BOTHWELL CHEESE PLATTER \$12.00

Platter of Local Bothwell Cheese, cut into Cubes, or Slices.

### BREADS AND DIPS \$6.00

Freshly Made Assorted Focaccia Breads, Warm Pita.  
Served with Hummus and Cucumber Garlic Dip.

### CRUDITES PLATTER \$8.00

Fresh Vegetables with Chickpea Hummus and Warm Pita Breads

### VEGETABLE PLATTER \$6.00

Fresh Vegetables with House-made Ranch dip

### AFTERNOON DESSERT BITES \$5.00

In House Made Dessert Bites, May Include, Vegan Brownies, Peanut Butter Squares, Lemon Squares, Koopa Squares, Cookies. 2 Pieces Per Person.

### AFTERNOON COOKIES \$3.00

Assortment of Freshly Baked Cookies.

# BEVERAGES

## HOT BEVERAGES

### **FAIR TRADE COFFEE BY THE CRAFT \$40.00**

Colosomo Coffee, Medium Roast Blend  
Delivered by the Craft. Craft Served 8-10 People  
Cream, Milk, Sugar, (Oatmilk, Sweetner by request)

### **NUMI TEA BY THE CRAFT \$40.00**

Assorted Numi Tea Selection or Breakfast Blend  
Numi Tea Flavours:  
Earl Grey, Breakfast Blend, Gun Powder Green, Chai.  
Delivered by the Craft. Craft Served 8-10 People  
Cream, Milk, Sugar, (Oatmilk, Sweetner by request)

### **FAIR TRADE HOT CHOCOLATE BY THE CRAFT \$40.00**

Camino Fair Trade Hot Chocolate  
Delivered by the Craft. Craft Served 8-10 People  
Cream, Milk, Sugar, (Oatmilk, Sweetner by request)

## COLD BEVERAGES

BOTTLE JUICES \$3.00

CANNED POP - COKE PRODUCTS \$3.00

EARTH WATER \$5.00

SPARKLING WATER \$5.00

FENTIMANS SODA \$4.00  
Assorted Flavors

PRISIM KOMBUCHA \$4.50  
Assorted Flavors

JONES SODA \$4.00  
Assorted Flavors

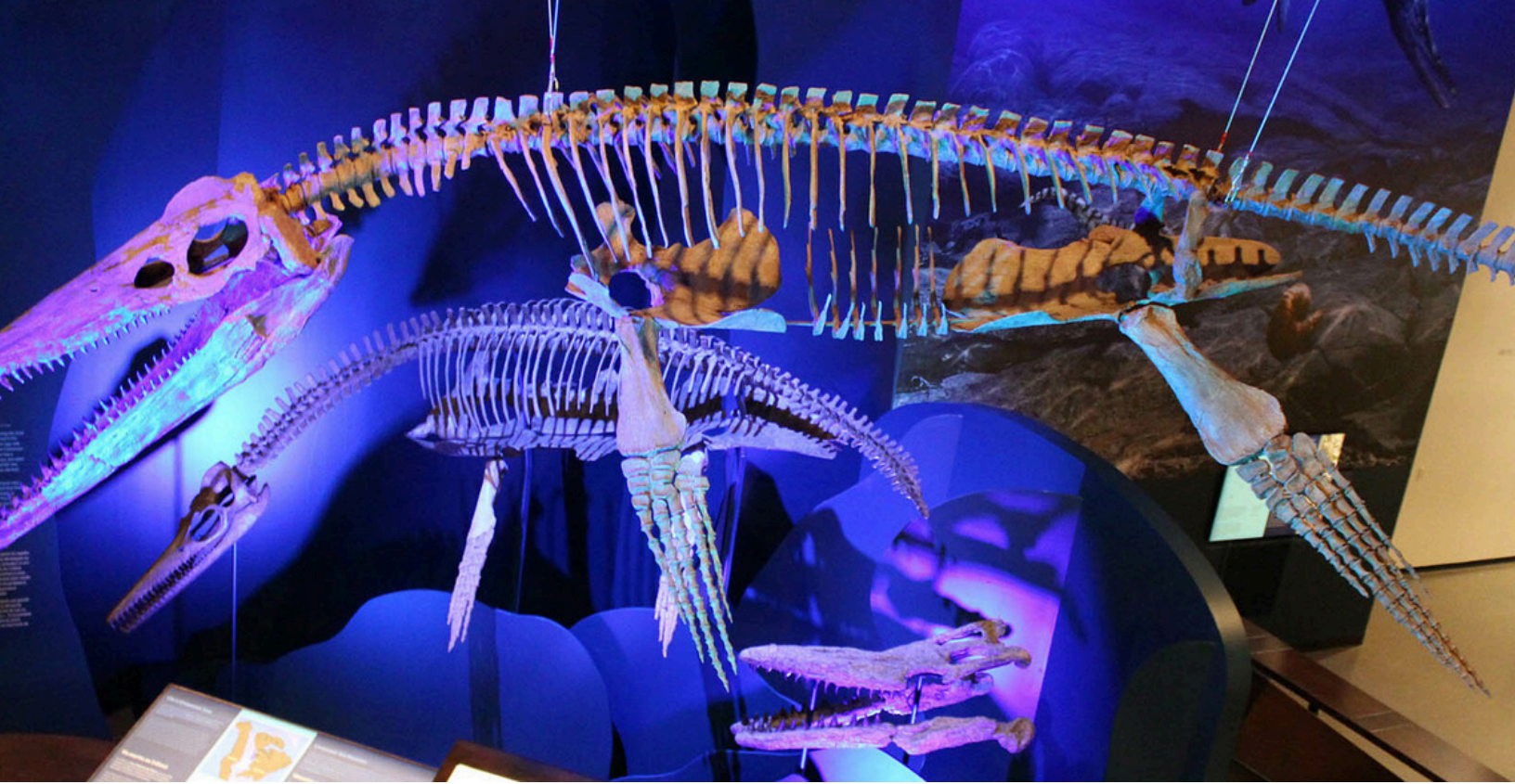
INFUSED WATER STATION \$3.00  
\*Minimum 8 Per Order Served at 7 oz each

- Cucumber and Mint
- Rosemary & Citrus
- Cranberry & Orange
- Citrus & Mint

HOMEMADE FRUIT PUNCH \$5.00  
\*Minimum 8 Per Order Served at 7 oz each  
Numi Decaf Tea, Cane Sugar, Cranberry juice, Orange  
Juice, Lemon Juice

FRESHLY SQUEEZE LEMONADE \$5.00  
\*Minimum 8 Per Order Served at 7 oz each  
Cane Sugar, Water, Lemon Juice, Whole Lemons

HOMEMADE SWEET TEA \$5.00  
\*Minimum 8 Per Order Served at 7 oz each  
Vanilla, Lemon Juice, Sugar Cane, Numi Tea



# WORKING LUNCH & HOT LUNCH BUFFETS

**LOCALLY SOURCED ~ COOKED FROM SCRATCH ~ DELICIOUS**

\*Minimum 8 of the same meal

\*Priced reflect drop off only + delivery and set up fee  
enhance your event by having a Server ON-SITE

\$25.00 Per hour (1 for every 20 guest)

To set up, clear throughout, Tear down services

# WORKING LUNCH

## SANDWICHES & WRAPS SELECTION

Enjoy the kitchen's selection of sandwiches and wraps  
We portion sandwiches & wraps at one per person,  
presented cut in half. (Please note the sandwich  
platters come in as assortment, otherwise chosen.

Bombay chickpea wrap with lettuce, cucumber, carrot  
& tomato ginger chutney (vegan)

Southwest chicken wrap with lettuce, red onion,  
peppers, sour cream & mesa red sauce

Smoked Turkey sandwich with cranberry mayo,  
tomatoes & lettuce

Roast beef sandwich with mayo, Dijon mustard,  
Bothwell cheddar & pickled red onion

Chicken Caesar wrap with red onion, egg-free Caesar  
dressing, Parmesan cheese & lettuce

Roasted turkey salad wrap with cranberry onion mayo  
& lettuce

Ham & cheese sandwich with mayo, Dijon mustard,  
tomato & lettuce

Egg salad sandwich  
Local Organic Eggs, Celery, Onion, Lettuce, Bothwell  
Cheddar with Lettuce (vegetarian)

Roasted Vegetable and Spinach Wrap with chickpea  
hummus and feta (vegetarian)

## SOUP & SANDWICH BUFFET \$28.00

\*Minimum of 8 People

Assorted Sandwiches & Wraps Platter

Soup of the Day

Freshly Made Bannock

House Baked Cookies Platter

Fair Trade Coffee & Numi Tea Selection

Includes Can Pop + Pitcher of Water

## CLASSIC BAGGED LUNCH \$20.00

One Sandwich or Wrap, a House Made Cookie, Whole  
Fruit Canned Beverage.

Packaged in a Brown Paper Bag, Ready for take off!

## DELUXE BAGGED LUNCH \$25.00

One Sandwich or Wrap,

Individual Mixed Greens Salad with Balsamic  
Dressing,

House Made Cookie

Can Beverage or Earth Water

Packaged in a Brown Paper Bag, Ready for take off!

## SALAD ADD ON

### CAESAR SALAD \$8.00

Crisp Romain Lettuce, Housemade Dairy Free Dressing,  
Parmesan Cheese & Croutons.

### CHICKPEA GREEK SALAD \$8.00

Lettuce, Red & Green Peppers, Red Onions, Feta  
Cheese, & Olives with Greek Olive Oil Dressing.

### MIXED GREENS SALAD \$8.00

Tomato, Peppers, Cucumbers, Onions & Balsamic  
Dressing

### SPINACH SALAD \$8.00

Spinach Leaves, Oranges, Feta, & Lemon Poppy Seed  
Vinaigrette

# HOT LUNCH BUFFET

## **BAKED PASTA LUNCH** \$28.00

Caesar salad with Lemon Wedges, Parmesan Cheese & Croutons  
Thick Cut Grilled Garlic Toast Nature farm Pasta with a Choice of  
Marinara Sauce with Roasted Vegetables, Or Alfredo Sauce Baked Bothwell Cheese.  
\*Add Beef Meat Balls 3 PP \$4.00  
\*Add Chicken Slices \$4.00  
Includes Can Pop + Pitcher of Water

## **BUTTER CHICKEN** \$23.00

Curried Cabbage Slaw with Toasted Almonds and Raisins.  
Organic Tumeric Rice  
House Made Spiced Butter Chicken with Cucumber Salsa  
Grilled Pita Bread  
Includes Can Pop + Pitcher of Water

## **CHICK PEA CURRY** \$23.00

Arugula and Mixed Green Salad with Balsamic Vinaigrette  
Curried Chickpeas with Tomatoes and Vegetables  
Organic Tumeric Rice  
Grilled Pita Bread  
Includes Can Pop + Pitcher of Water

## **KADHAI CHICKEN OR TOFU** \$23.00

Tender chicken Stewed with Green Peppers, Onions, Tomatoes, Ginger, Garlic, Cumin, Coriander, Cinnamon, Cardamon in a Traditional East Indian Gravy.  
Served on Lemon Rice with Crispy Chickpea and Grilled Pita.  
Accompanied with Sambhar (Curried Red Cabbage Carrot Slaw)  
Includes Can Pop + Pitcher of Water

## **MANITOBA BEEF CHILI WITH BANNOCK** \$28.00

Mixed Greens Salad with Balsamic Dressing  
8 oz Local Grass Fed Beef Chili.  
Served on the side; Bothwell Cheddar Cheese & Sour Cream  
Wild & White Rice Pilaf.  
Fresh House Made Bannock with Notre Dame Butter  
Includes Can Pop + Pitcher of Water

## **VEGAN CHILI WITH BANNOCK** \$24.00

Mixed Greens Salad with Balsamic Dressing  
8 oz Three-Bean Vegan Chili  
Served on the side; Bothwell Cheddar Cheese & Sour Cream  
Wild & White Rice Pilaf.  
Fresh House Made Bannock with Notre Dame Butter  
Includes Can Pop + Pitcher of Water

## **MANITOBA BEEF STEW** \$35.00

Mixed Greens Salad with Balsamic Dressing  
8oz Locally Raised Beef Stewed with Root Vegetables  
Wild & White Rice Pilaf.  
Served with Fresh House Made Bannock, with Notre Dame Whipped Butter.  
Includes Can Pop + Pitcher of Water

## **WHITE BEAN CHILI CHICKEN** \$23.00

Mixed Green Salad with Balsamic Dressing.  
White Bean Chili Chicken - Tender Chicken Stewed with Fresh Peas, Corn, White Beans, Pickled Jalapenos, Garlic and Onion in a Rich Cream Sauce.  
Served with Rice Pilaf or Herbed Shell Pasta.  
Grilled Pita Bread.  
Includes Can Pop + Pitcher of Water

# HOT LUNCH BUFFET

## **BUILD YOUR OWN TACO BAR \$28.00**

La Cuchina chips  
Choice of Hard or Soft Taco Shells - 3 per person  
Choice of Seasoned Ground Beef, Pork, Chicken.  
Pinto Beans  
Roasted Tomato Rice Pilaf  
With Toppings of Shredded Lettuce, Diced Tomato,  
Shredded Bothwell Cheddar Cheese, Homemade Salsa,  
& Sour Cream.  
Includes Can Pop + Pitcher of Water

## **MAC & CHEESE \$28.00**

Mixed Greens Salad with Balsamic Dressing  
Baked Natures Farm Mac and Cheese with Creamy  
Cheese Sauce. Topped with Panko Bread Crumbs. Green  
Onions and Bacon Bits.  
Garlic Toast.  
Includes Can Pop + Pitcher of Water

## **CHICKEN SOUVLAKI \$32.00**

Greek Salad with Feta Cheese & Olives  
Lemon Garlic Chicken Souvlaki Skewers 2 Per Person.  
with Fresh Herbs  
Lemon and Herb Roasted Potatoes  
Warm Pita Bread with Hummus and Cucumber Dip.  
Includes Can Pop + Pitcher of Water

## **STIR FRY \$22.00**

Cabbage Asian Slaw with Toasted Almonds & Sesame  
Seeds  
Mixed Vegetables Sautéed with Your Choice of Chicken,  
Pork or Puffed Tofu.  
In a Sticky-Soy, Green Curry or Coconut Peanut Sauce  
Steamed Brown Rice  
Includes Can Pop + Pitcher of Water





# SERVED LUNCH

Minimum 8

Sleepy Owl Fresh Baked Breads & Rolls with 3 types of Notre Dame Whipped Butters:  
Sundried Tomato and olive, Roasted Garlic and Herb, Beet and Grainy Mustard

All Entrees are Accompanied with  
Soup or Salad, with Chef Seasonal Vegetables,  
Choice of Dessert,  
Fair Trade Coffee & Tea

# TO START

## SOUP

Select One:

Butternut Squash Topped with Mixed Seed Praline

Cream of Mushroom Finished with House Made  
Hickory Sticks and Truffle Oil.

Roasted Tomato Soup with Herb and Parmesan  
Croutons.

## SALAD

Select One:

Artisan Greens with Apples, Goat Cheese, Candied  
Walnuts & Champagne Vinaigrette

Caesar Salad with Parmesan Cheese, Lemon Wedge &  
Croutons

Roasted Beet, Arugula, Gorgonzola, Crispy Chickpea,  
Fresh Apple and Grainy Mustard Vinaigrette.

# PLATED LUNCH

## MANITOBA TROUT 60

Local Manitoba Trout with choice of Nicoise Sauce, Classic Beurre Blanc, or Sunflower Seed Romesco

## PORK TENDERLOIN 63

with Grainy Mustard. Served with Tart Apples and Calvados Sauce and Walnut Gremoulata

## 8OZ ROASTED PORK 63

Boneless Pork Chop Served with Honey Soy, Garlic Sauce, and Pickled Cabbage

## SEARED ROASTED CHICKEN SUPREME GF DF 60

Local Manitoba Chicken R.W.A. with Choice of Creamy Mushroom Marsala, Natural Herb Pan Jus, Lemon Herb and Caper Cream Sauce.

## 6OZ BEEF TENDERLOIN STEAKS 73

with Fresh Herbed Compound Butter & Red Wine jus

## 6OZ BEEF TENDERLOIN GF 73

with Chimichurri Sauce, and Fresh Herb Salad

## CHICKPEA CURRY VG GF 45

Served over Turmeric Rice, and Caramelize Onion with Cucumber Salsa and Warm Pita Bread

## ROASTED CAULIFLOWER STEAK 47

With Turmeric Oil and Zaatar Spice

## PARISIAN HERBED GNOCCHI 63

Hand made Gnocchi, Butternut Squash Puree, Brown Butter, Fresh Peas, Roasted Mushrooms and Herbs.

# TO FINISH

## DESSERT

Select One

### CHOCOLATE MOUSSE

with salted caramel and Kasha Praline

### LEMON TART

with Mascarpone Whipped Cream & Blueberry Reduction

### MANITOBA ROOIBOS CRÈME BRULE

Rich Custard Base Topped with a Layer of Hardened  
Caramelized Sugar.

### VEGAN CHOCOLATE DATE CAKE

with Chair Anglaise. Garnished with Grapefruit.

### MB SCORN CAKE

Sweet Corn Scone, with Whipped Caramelized Honey  
Butter, and Saskatoon Compote.

### DESSERT BITES

Can't Choose, try a Dessert station. Includes A variety of  
our house made squares and danties



# CHILDREN MEAL

First course soup, or salad & plated dessert.

choice of:

Chicken Fingers and Fries, Veggies & Dip  
with Honey Dill and Ketchup

Local Beef Burger with Cheese Topped with Lettuce, and Tomato,  
with Ketchup, Mayonnaise on the side.  
Served with Fries, Veggies & Dip

Housemade Natures Farm Mac and Cheese  
Veggies & Dip





# BUFFETS

PRICED PER GUEST

Minimum 20 Guests

Fresh Baked Sleepy Owl Breads  
with Choice of  
Notre Dame Whipped Butter with Maldon Salt  
or

3 types of Notre Dame Whipped Butters:  
Sundried Tomato and Olive, Roasted Garlic and Herb, Beet and grainy mustard

2 Salads  
1 Hot Vegetables  
2 Starch  
1 Protein  
Assorted Dessert Bites

Direct Trade Coffee & Organic Tea



# SALADS

Please choose two

## CAESAR SALAD

Crisp Romaine Lettuce, House Made Dairy Free Caesar Dressing, Parmesan Cheese, Lemons & Hand Cut Croutons

## CHICKPEA GREEK SALAD

Romain Lettuce Mix with Fresh Vegetables, Feta Cheese & Olives. Olive Oil Base Dressing

## DIVERSITY MIXED GREENS SALAD

Greenland Tomatoes, Peppers, Cucumbers, Onions & Balsamic Dressing

## SPINACH SALAD

Oranges, Feta & Lemon Poppy Seed Vinaigrette

## CLASSIC CREAMY POTATO SALAD

Made with Local Grown Potatoes, Hardboiled Eggs, Pickles, & Green Onions

## NATURE'S FARM PASTA

with House Made Ranch Dressing, Peppers, and Green Onions

## BROCCOLI SALAD

Made with Fresh Broccoli, Peppers, Almonds and Honey Lime Dressing

## MANITOBA HARVEST SALAD

Wild Rice, Roasted Sweet Potato, Corn, Celery, Dried Cranberry Herb Vinaigrette.

## ROASTED CAULIFLOWER

Lentil, Fresh Tomato, Parsley, Savory Kasha Granola, Curry Citrus Vinaigrette.

## D.E.L.A SALAD

Roasted Beets and Sweet Potato, Spicy Greens, Savory Granola, Creamy Dill Vinaigrette

## TOASTED QUINOA

Sweet Braised Red Cabbage, Pickled Raisin, Cucumber, Herbs Dressing







# VEGETABLES

Please choose one

## CHEFS CHOICE VEGETABLES

Using Manitoba Prairie Seasonal Vegetables

## GRILLED CARROT

Manitoba Harvested Carrots Tossed in Sesame Seed Oil, with Crispy Kale, toasted Almonds Sunflower Seeds and Raison sauce

## ROASTED LOCAL MANITOBA BEETS

Made with Warm Roasted Garlic Hummus, Crispy Chickpeas Hemp Hearts, Grilled Lemon

## TOASTED QUINOA

MB Prairie Quinoa with braised cabbage, pickled raison, cucumber, and herbs

## ROASTED BRUSSEL SPOUTS

With Maple Orange Sweet Potato Puree, topped with Walnut Chili Crisp.

## BROCCOLINI

With Roasted Garlic and Apple Honey with Toasted Sunflower Seeds and Herbs

## COURGETTE MIX

Mixture of Gords and Zucchini with Whiped Feta, Tapenade, and Pistachio Panko Gremolata.





# STARCH

Please choose two

Toasted Quinoa Pilaf with Caramelized Onion, Pickled Raison, Roasted Garlic, Herbs and Celery.

Roasted sweet potato hash/grilled red peppers/crispy turnip served on romesco.

Traditional Local Manitoba Mashed Potatoes with Garlic, Cream & Notre Dame Butter

Roasted Garlic & Chive Baby Potatoes with Olive Oil

Wild and White Rice Pilaf with Herbs





# MAIN

ROASTED PASTURE RAISED PORK LOIN 58.00  
Apple - Onion Chutney with Dijon.

BONE-IN LEMON AND HERB RUBBED CHICKEN 64.00  
Whole Roasted 9cut Chicken Served with Natrual Jus.  
Topped with Hearty Greens

GRILLED CHICKEN CACCIATORE 64.00  
Manitoba Chicken Breast Served with a Sauce of Tomato  
Olives, Spinach, Peppers, Mushroom and Garlic.

LOCAL MANITOBA BEEF TENDERLOIN 89.00  
with Chimichurri Sauce, topped with Fresh Herb Salad

ROMESCO SALMON \$55.00  
Sustainably Farmed Ocean Wise Salmon, Served with  
Sunflower Seed and Tarragon Romesco Sauce

TANDOORI CHICKEN \$55.00  
Grilled Chicken Marinated in Cumin, Coriander, Paprika, and  
Cardamom. Served with a Yogurt and Cilantro Sauce

BAKED PASTA \$45.00  
Marinara Sauce with Roasted Vegetables, Or Alfredo Sauce  
Baked Bothwell Cheese.  
\*Add Beef Meat Balls 3 PP \$4.00  
\*Add Chicken Slices \$4.00

BUTTER CHICKEN \$50.00  
House Made Spiced Butter Chicken with Cucumber Salsa

CHICK PEA CURRY \$45.00  
Curried Chickpeas with Tomatoes and Vegetables

CHEF CARVERY  
Priced per person

Coffee Rubbed Roasted Local Beef with Beef Au Jus  
add \$24.00 Per Person 4oz Per Person

\*Coffee Rubbed Roasted Local Bison with Bison Jus  
add \$29.00 Per Person 4oz Per Person

\*ACCOMPANIED WITH HORSERADISH, AND LBJ BEER MUSTARD





# CANAPES

**LOCALLY SOURCED ~ COOKED FROM SCRATCH ~ DELICIOUS**

Minimum of 4 dozen of each

Priced by the dozen

Our superior banquet team will walk the room, and pass each selection.

#### CHICKEN SATAYS 38

Manitoba Chicken. Skewered Chicken with a Choice of Sauce: Honey Garlic, Coconut Peanut, or BBQ

#### POACHED PRAWNS 36

Ocean Wise Prawns Perfectly Poached with Curried Mayo & Cilantro

#### BEEF MEATBALLS 42

Hand Rolled Local Manitoba Beef Meatballs with Honey Dijon Glaze

#### ROAST BEEF SLIDER 42

Oven Baked MB Beef, Sliced, Served with Horseradish Mayo, House Pickled Red Onion & Bothwell Cheddar

#### PULLED PORK SLIDER 35

Slow Cooked MB Pork with Honey Mustard, Crisp Apple Slaw and Bothwell Cheddar Cheese

#### MINI BURGERS SLIDER 43

Hand Pressed Local Manitoba Beef Burger, Gorgonzola Cheese, and Apple Chutney.

#### KARAAGE CRISPY CHICKEN SLIDER 38

Japanese Style Crispy Chicken. Citrus Mayo, Green Onion, Cabbage Slaw

#### CHICKEN & WAFFLE 42

Crispy Chicken, Braised Date Tamarind Maple Sauce on a Belgian Waffle

#### MINI VEGETABLE QUICHE 38

Natures Farm Eggs, Bothwell cheese & green onions served in a little tart.

#### CHICKPEA HUMMUS 32

Housemade Chickpea Hummus on a Crostini with Roasted Baby Tomatoes.

#### MARINATED MUSHROOM DUXELLE 32

Findley Chopped Mushrooms, Shallots, and Fresh Herbs on a Crostini with Feta Cheese.

#### BRUSCHETTA 32

Classic Italian Appetizer with Fresh Tomatoes, Basil. Topped with Parmesan Cheese on a Crostini

#### SMOKED WILD SALMON 38

Smoked Wild Salmon. Garlic Cream, Crisp Capers & Green Onion. Served on a Crostini

#### PUMPERNICKEL WITH GRILLED PEACH 32

Crispy Pancetta, with Grilled Peaches and Fresh Peas, served on a Pumpernickel Crostini.

#### TOSTADOS 32

Roasted Corn Salsa, Cilantro, Marinated Tofu on a La Cocina Tortilla Chip. Vegan. Gluten Free

#### BEET TART 32

Roasted Local Manitoba Beets with Whipped Feta, Toasted Buckwheat and Caramelized Honey.

#### ALOO TIKI SLIDER 38

Potato Patty, topped with Vegan Mayo, Fresh Tomato, Crisp Lettuce, and Cucumber Kimchi.

#### FALAFEL 35

Deep Fried Fritter made with Chickpeas, Herbs, and Spices. Served with Beet and Carrot Raita



#### SALAD ROLLS 35

With BBQ Pork, Shredded Marinated Vegetables, Fresh Herbs, Cashew, Served with Peanut Sauce and sweet Soy.

#### SCALLOP CEVICHE 44

Fresh Cilantro, Radish, Pickled Garlic, Crunchy Tempura Bits, with a light Citrus Vinaigrette

#### COCONUT SHRIMP 36

Ocean Wise Shrimp, Breaded in Coconut and Panko.

Mango sriracha dipping sauce.

#### KOREAN PORK ON ENDIVE 38

Braised Local Pork on Crisp Endive with SSAM Sauce (Honey, Korean chili Paste, Sesame, Garlic, Onion)

#### ANTIPASTO SKEWER 35

Cherry Tomato, Bocconcini, Cured Italian Meats, Olive

#### MINI TWICE BAKED POTATO 32

Baked Local Manitoba Potato. Chipotle Sour Cream, Green Onion, Pancetta, and Crispy Onion.

#### ASIAN CHICKEN SALAD 35

Asian-inspired Chicken Salad with Pickled Ginger and Carrot on a Wonton Crisp.

#### QUICHE 35

Natures Farm Eggs, Bothwell Cheddar Cheese, Mini Tart, Topped with Green Onions.

#### OYSTERS Market Price

Fresh Oysters from P.E.I.

Red Wine Mignonette, Stout Mignonette, Mango hot sauce, Miso Mignonette





# FOOD STATIONS

ANY CANAPES SELECTION CAN BE MADE INTO A FOOD STATION

ENHANCE YOUR EXPERIENCE BY ADDING A CHEF ONSITE TO EACH STATION. A FUN AND INTERACTIVE FOOD EXPERIENCE, THAT WILL LEAVE YOUR GUEST TALKING ABOUT YOUR EVENT FOR YEARS TO COME!

#### CHEF CARVERY STATION 25

Coffee Rubbed Manitoba Beef with Buns, Little Brown Jug Beer Mustard & Horseradish. 2 Per Person. Includes Chef onsite

#### MASHED POTATO BAR 16

Whipped Garlic Herbed Manitoba Potatoes with All the Toppings. Bacon, Green Onions, Blue Cheese, Broccoli Florets, Cheddar, and Sour Cream.

#### POPCORN CHICKEN 16

Breaded Popcorn Chicken served with Cucumber Ranch

#### BOTHWELL CHEDDAR PEROGIES 15

Accompanied with Fried Onions, Sour Cream, Green Onions and bacon bits. 3 Per Person.

#### CLASSIC POUTINE BAR 15

\*Must have onsite deep fryer

Fresh Cut Fries, Bothwell Cheese Curds, Gravy

#### BUILD YOUR OWN PULLED PORK ON A BUN 16

Hand Pulled MB Pork Smothered in Housemade BBQ Sauce with Cabbage Slaw 2 Per Person.

#### MAC AND CHEESE 16

Natures Farm Macaroni Creamy Cheese Sauce with Pancetta and Garlic Herb Bread Crumbs, served in Mason Jars. 2 Per Person.

#### SALAD STATION 14

Beet Panzanella, Roasted Beets, Bocconcini, Citrus Vinaigrette, Arugula, Garlic Sourdough, Croutons, Green Onions. Served in individual portions

#### HUMMUS WITH GREEK SALAD 14

Garlic Hummus, Cucumber, Grape Tomato, Feta, Olive, Greek Dressing.

#### OYSTERS Market Price

Fresh Oysters from P.E.I.

Red Wine Mignonette, Stout Mignonette, Mango hot sauce, Miso Mignonette

\*Chef on-site to shuck.

#### CHIPS & DIPS 15

House Made Kettle Chips served with Truffle Aioli and Onion Dip

#### LA COCHINA NACHO BAR 18

Bothwell cheddar cheese, Taco Beef, Homemade Salsa, Sour Cream & Olives

#### LATE NITE TACO BAR 18

Combination of Hard and Soft Tacos. Filled with Seasoned Chicken, Beef, or Pinto Beans, Salsa, Lettuce, Sour Cream, Bothwell Cheddar Cheese. 2 Per person

# NON-ALCOHOLIC

## NON - BEER

LITTLE BROWN JUG BRITE WATER (SPARKLING WATER, COCONUT, MINT LIME, RASPBERRY LEMON)

TALL CANS 473ML \$6.00

SOBER CARPENTER (IPA, BLONDE ALE, CRAFT CIDER)

TALL CANS 473 ML \$9.00

## PUNCH & JUICE STATION

HOMEMADE FRUIT PUNCH

NUMI DECAF TEA, CANE SUGAR, CRANBERRY JUICE, ORANGE JUICE, LEMON JUICE

8OZ \$6.00

FRESHLY SQUEEZE LEMONADE

CANE SUGAR, WATER, LEMON JUICE, WHOLE LEMONS

8OZ \$6.00

HOMEMADE SWEET TEA

VANILLA, LEMON JUICE, SUGAR CANE, NUMI TEA

8OZ \$6.00

## INFUSED WATER STATION

**7 OZ \$3.00**

*CHOOSE 2*

- CUCUMBER AND MINT
- ROSEMARY & CITRUS
- CRANBERRY & ORANGE
- CITRUS & MINT



# CATERING INFORMATION

## DIETARY RESTRICTIONS/ALLERGIES

Dietary substitutions to accommodate allergies or intolerances may be made in advance. Diversity kitchens are NOT nut, gluten or seafood free kitchens. While all precautions will be taken, we cannot guarantee that any food item has not come into contact with these allergens.

## GENERAL INFORMATION

We require that a guaranteed number of guests as well as final menu selections be confirmed no later than 14 business days prior to the event date. The final invoice will reflect the greater of either the guaranteed number of guests or the actual number of guests who attend the event.

## EXCLUSIVITY

Diversity Food Services retains exclusivity for all food & beverage services on the premises of Diversity managed locations with the exception of wedding cakes. Cake cutting, cupcake serving, and donut wall presentation, etc is available for \$2.50 per person. Cakes & dessert displays brought in from outside vendors must be purchased from a bakery with a valid business license.

## FOOD AND BEVERAGE PRICES

All food, beverage, rentals, staffing, gratuity & other charges are subject to both GST & PST.  
All events are charged an automatic gratuity of 18%.

## PAYMENT

Payment is due upon receipt. Please make cheques payable to:  
Diversity Food Services, 515 Portage Avenue, Winnipeg, MB, R3B 2E9  
E-transfers to: [k.godbout@uwinnipeg.ca](mailto:k.godbout@uwinnipeg.ca) Question: Who is your cater.  
Answer: sprucecatering

# CATERING AGREEMENT

This Agreement is entered into between Diversity Foods Services / Spruce Catering (the Caterer) and (Client) and sets forth the agreement between the Parties relating to catering services to be provided by the Caterer for the Client for the event identified in this contract.

## FOOD + BEVERAGE PRICES

The Parties have agreed to the menu attached to this Agreement as per invoice. The Caterer reserves the right to make changes to the menu if key ingredients are unable to be sourced due to reasons beyond the control of either party to this agreement. No alcoholic beverages will be served without a separate agreement relating thereto. The Caterer will communicate these changes to the Client as soon as the need for the changes becomes clear. The Caterer reserves the right to adjust menu prices based on economic inflation and will notify the client a month before the event date. One month before the event, the menu and price will be confirmed.

## GUARANTEE OF ATTENDANCE

The final guaranteed number of guests is due 15 days before your event date. You will be charged according to the number of guests served or the guaranteed number of guests, whichever is greater.

## CHANGES AND MODIFICATIONS

The Caterer will work to accommodate all reasonable requests by the Client; however, any material changes will need to be sent to the Caterer in writing a minimum of 15 days before the Event Start time. Mutual acceptance, of the change will occur with a confirmation message. Changes to the number of guests will require a minimum of 14 days' notice.

Additional information provided within the 15 days will result in an admin fee.

All terms and conditions outlined in the Diversity Food Services Catering Menu (appended to this agreement) continue to apply. Note due to the fluctuating cost of ingredients and inflation of prices, the price for your menu is not guaranteed until 1 month (30 days) before your event

## LEFTOVER FOOD

Due to insurance, health, and safety, the catering policy does not allow for the removal of food from the premises.



# CATERING AGREEMENT

## DEPOSITS & PAYMENTS

Customers with an estimated invoice total greater than \$1,000.00 are required to pay a non-refundable deposit of \$1,000.00 at the time of booking + 50% of your total invoice to date.

The final payment will be due the day after your event concludes.

Final payment is due on the day you receive your invoice. (Via Mail) Interest on late payments will incur at a rate 8% per 2 weeks on the outstanding balance.

The Client understands that upon entering into this agreement, the caterer is committing time and resources to the success of this Event, and thus cancellation would result in lost income and lost business opportunities in an amount hard to precisely calculate.

If the Client requests the cancellation of the event, fewer than 60 days in advance of the Event, the Caterer shall be entitled to 50% of the estimated total cost of the event.

If the Client requests the cancellation of the event, fewer than 14 days in advance of the Event, the Caterer shall be entitled to 100% of the estimated total cost of the event.

The client's deposit will be credited against the cancellation fees owed. Any balance will be payable upon the notice of cancellation.

## INSURANCE AND INDEMNIFICATION

The Caterer will obtain, general liability insurance relating to catering services at the event. However, the client will indemnify and hold harmless the caterer for any damage, theft or loss of property related to the event Cancellation.

If the Client cancels the event, the Client will provide written notice to the Caterer along with any required cancellation fee described in this catering agreement, to affect the cancellation.

## LEGAL COMPLIANCE

The Caterer will work in compliance with all applicable laws, rules and regulations, set out by relevant Government agencies including Manitoba Public Health, The LGCA, and Workplace health and safety.

## SOCIAL MEDIA AND ONLINE REVIEWS

Both the Caterer and the Client agree to not post any negative information about the other arising out of this contract of the event on any online forum or website without providing advance written notice of the intended content thereof and providing the other party with an opportunity to resolve any issues between the parties amicably.